



## APPLIMEDA

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<i>Employees</i>	3
<i>Founded (year)</i>	2021

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Patients with axial spondyloarthritis (also known as Morbus Bechterew in Germany) suffer from an incurable, chronic inflammatory disease which, in addition to severe back pain, can cause complete stiffening of the spine. To counteract this, a correctly implemented exercise therapy is the central pillar of therapy. However, the reality of care shows a sad picture: 2 out of 3 patients do their exercise therapy inconsistently, incorrectly, or not at all.

This is why we developed our App “Axia” together with doctors, physiotherapists, and the German Morbus Bechterew Association. With a self-learning algorithm at the heart of Axia, we offer patients personalized exercise programs and guide them to do their exercises correctly and consistently. After proving its clinical efficacy in several clinical trials, Axia is set to be reimbursed by all statutory health insurers as a digital health application (DiGA).